



# FOUR WINDS

Summer 2009

WIND JAMMER SAILING CLUB'S

## A Message from Our Commodore :

The season is under way and we're off to a great start! It's hard to imagine that I can say that while as I write it's been raining for the past 3 weeks. Lets hope we're getting it all out of the way now and the rest of the season will show us "Fair Winds".

The few events we had to date have been great. The Summer Sailstice, while peppered with rain, turned out to be a great time for all who made it. A couple of dedicated Windjammers even got out for a sail. (Try to guess who). In spite of the weather hampering the turnout the early numbers show that we should be able to donate nearly \$500 to a charity supporting the Barnegat Bay. I'll be sending details out in the next couple of weeks.

As for the other events so far they have also been great. The wine and cheese party was a blast. Everyone was a little more honest than we've seen in past years but nonetheless it was, as always, an entertaining time. My highlight so far was the trip to Beach Haven. We had 12 boats complete the journey and if you overlook the 20-30 knots nearly blowing us off the dock while we were there; the weather for the sail down and back was nearly perfect. Personally the trip was a much-needed break from the work week. The Chicken and Ribs party was well attended and run superbly by Nancy and Cliff. We had a great turnout, great weather, and everyone seemed to have a really good time. Thanks to all of our party hosts and helpers so far.

Have you noticed some new faces around? We have added quite a few members this year that you will be introduced to further along in the newsletter. Once you get to know them a little better make sure to go over and say hi when you see them on the dock.

As you may be aware the new Bylaws that we've worked on for the past two seasons have passed. We will be posting them in a members section on the Website in case you'd like to take a look. Thanks to all who helped in getting them put together.

Lastly, enjoy the season! As you know the days, and this summer will go by too fast so make sure to join in on the fun. We have a lot of events coming up. Take a look and join in. It's not too late to get in on the cruises. If you are interested in any of the cruises e-mail me and I will let you know the details.

Frank

## Welcome Summer & New WindJammers !

John L. Bailey ~ Rhodes Swiftsure 33 "Aquila"

Jennifer Durrua ~ Sandpiper 15 "J-cat"

Brent & Colleen Hamilton ~ Hunter 35.5 "Daylight"

James Healy & Laura Connelly ~ Catalina 34 "Laura Lynn"

Marilyn & David Hellmuth ~ Island Packet 35 "Evening Star"

Nelson Ibacache ~ Irwin 38 "Grant Finale"

Dawn Minchin ~ Greenwich 24 "Stormy"

Dario Panfili, Jr. ~ Rhodes Swiftsure 33 "Aquila"

Michael & Golden Rasmussen ~ O'Day 31 "Yacht C"

Steven & Susan Will ~ Buccaneer 24 "Windswept"

Richard & Valarie Gard ~ Tanzer 26 "Alradee-Chi"

... More on our new WindJammers on pages 7-9, thanks to Nancy Simpson

### *Inside the SUMMER issue of FourWinds:*

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Go sailing now, in 6 months it will be winter & nobody goes sailing in New Jersey in the winter, ... RIGHT?





## Beach Haven '09: Something for everyone

Early morning, Saturday the 23rd of May, 13 boats set out for Southern LBI. It's about 20 miles as the crow flies. But don't let the close proximity fool anyone into having a false sense of security. The light winds at the start, built all day making the narrow channels very challenging. The winds often blew parallel to the narrow channel that run along the back of the island. These conditions provide an excellent opportunity to scrape the early season barnacles from the bottom of the keel.



Once all the dock lines were on, everyone switched into vacation mode. Taking long walks through town and on the beach. To local museums and theaters, just a little farther and you can have your choice of ice-cream, coffee or chocolate shops. You know it's a real short walk to Tuckers for karaoke. Most meals were dock parties.

Everyone cooked something and we ate 'family style', telling stories of the days adventures. Sunday night was the much anticipated 'Beach Haven Open Mini Golf Tournament'

The night ended fishing for snapping blues off the end of the dock.

With the shake down cruise behind us. Lets be sure to talk to Dale Harman

(our Cruising Chair) about the other trips this summer and fall. Remember where ever you go, be sure to take a picture and send it in for our next newsletter.



## Memorial Weekend Fiasco!

Here is a short synopsis of our Memorial weekend fiasco! Thursday evening 5/21/09 Pat Pezzano, myself and John from the marina took Providence II out for it's first sail! Had 18 - 20 knots of wind and boat handled great with a 105% jib and full mainsail! Made about 4 -5 tacks to the south and turned around and sailed back toward marina. On the sail back I notice the upper and intermediate shrouds were loose on the starboard side. Real loose, the two chain plates pulled thru the rotten bulkhead behind the plates that were bolted thru the main cabin bulkhead. The bolt heads and nuts butted against underside of the cabin top and stopped. This I'm sure prevented the mast from down! I was sick, not only because of the pending repair but the family's disappointment of not going on the Beach Haven trip on Saturday. My great buddy Pat Pezzano said don't worry, meet me at the dock 8:00 AM the next day and we will replace the bad bulkhead!

On Friday morning Pat and I cut away 1/3 of the bulkhead and installed new plywood, glassed new wood to hull and old bulkhead and after 10 hours of hot dusty hard work we had a new repaired bulkhead that was stronger than new. I checked all the others and they were ok! This one had been leaking for some time and never fixed. Ah! "Used Boats"! On The following day after the repair Saturday 5/23, we left the marina to sail to Beach Haven for the weekend! We wound up with an empty fuel tank that the gauge read 3/4 full about 1/3 of the way down to Beach Haven. When trying to re start the engine it shook off the wire to starter relay but the plastic sleeve over the push on connector stayed connected and I did not find it! We turned around and sailed in to a northeast wind 18-20 and beat back up the bay. Boat sailed beautifully! Sailed as good or better than the Lippy! Everything held up and it was a great sail!

The ending sail found us aground in the creek channel and without engine power we had to call Sea Tow for a tow back in to our slip. Next day Tom Wright found the loose wire, put five gallons of fuel in tank and fired up the engine. Thank God for Tom's Knowledge of engines!

Final results! Ran out of Fuel, bad gauge in tank, loose wire, and in the lead for some kind of "Fowl award"!!

All fixed now!





## Frank Declares 'DockDays were a Success!'

Just wanted to take a minute to thank you for your help on Saturday. I think we got a lot accomplished and hopefully everyone else is no worse for the wear. It was great to see everyone come together and do such a great job helping get the marina ready for what I expect to be another great summer on the bay!

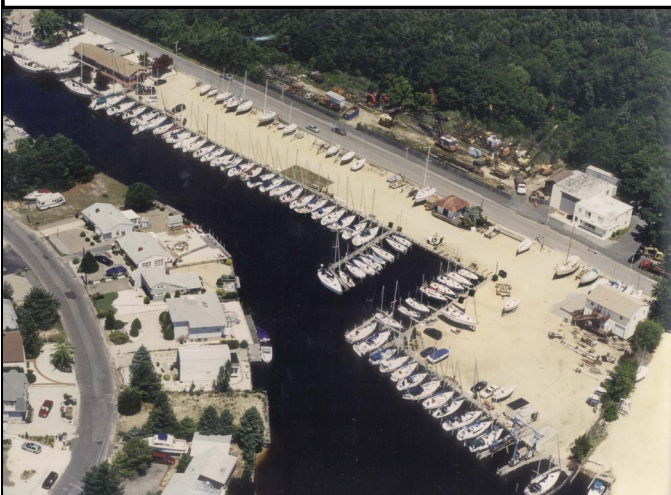
A short list of the undertaking:  
Built picnic tables, planted many flowers, mulched, cleaned grills (Special thanks to the Vice Commodore and Web Master for undertaking this special task!), secured grills, secured picnic tables around shed, built top rail on clubhouse deck, repaired old dock boards, painted CedarCreek sign (a fantastic job I might add!), hung shutters, painted shed window, painted benches, general clean up, and many other duties . . .

Thanks again for all your help,

Frank



## CCSC ~ A Summer Home & More



*We cleaned it up so let's keep it looking great!*

*It's not just our summer home, visit the marina store & see our friends Tom & Liz. Be sure to check out the paper version of 'FourWinds' or to purchase your sailing items. If it's not in the store they can order exactly what you need. They have years of expertise!*

*Cedar Creek Sailing Center*

*Phone number : 1-732-269-1351*

*Email : CCSC@comcast.net*

*And on the web @*

*<http://cedarcreeksailingcenter.com>*

***WJSC thanks them sincerely for the use of the clubhouse and all they do for us!!!***





*MMMMM . . . MMMMMMM . . .*

## *. . . Chicken & Ribs (Thanks Cliff&Nancy)*

Sometimes, you can have it all . . .

Good food, good friends, beautiful weather on a late spring evening, watching the nearly full moon rise over the bay. Thanks to Cliff, Nancy and everyone else who pitched in and made this years Chicken & Ribs the great success.



## *Everyone Raise Your Glasses , A Toast to Purple Tongues*



The WindJammer's Sailing Club is steeped in tradition & one of the early season traditions is the annual 'Wine and Cheese Party' Everyone is encouraged to bring their favorite bottle of wine and share it and a story with the club. Once again, this years tall tales were met with laughter. There were a few purple tongues in the morning, but that was a sure sign great time was had by all.

Remember, **YOU ARE THE SAILING CLUB!** Without your attendance & efforts *nothing* would happen. The folks organizing the events are just other members having fun with they're families and friends. Please, be part of the fun and pitch in whenever possible.



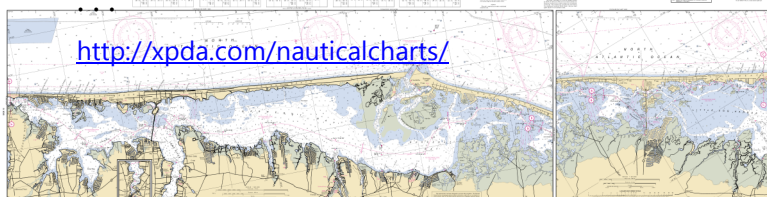
## New Section for Tips & Reviews:

In the past the WindJammers Sailing Club has offered a wide range of seminars on weekend mornings on everything from small engine maintenance to racing. We will continue these exchanges of helpful information because it builds lasting relationships between members. If you have an expertise and would like to give a seminar, or have an idea for a topic or know a willing speaker, please contact Eric or Frank.

Our other idea is to include a new feature in *Four Winds*. That we'll call "Tips & Reviews". In this section, anyone can offer their solutions for problems onboard, in the slip or when underway. For those of us with out a GenSet or refrigerator, Bob has offered up "Simple Refrigeration" for this edition.

Have you done all the research and purchased a new piece of equipment lately? Why not share your research and let everyone know if you love it or hate it? There is a wide variety of experience levels and different motivations for our members to sail. If you take a look around at our membership, one could guess we have hundreds of years of sailing experience. Please, everyone help out and contribute.

I found this 'link to charts' on [www.sailnet.com](http://www.sailnet.com)



## Bottom Cleaning: No Mask Required !

Fresh in your mind are the annual chores of spring maintenance. Everyone's least favorite prepping the bottom. Whether you want to strip the bottom down to fiberglass or you just want to 'rough it up a little' so the new coat of paint sticks, I have the answer. Just stray outside the InterCoastalWaterway channel as it passes behind Long Beach Islands. It's ideal! If you want to sand down to the original glass, I can show you part of the route we took back from the Beach Haven Cruise. For a quick sanding instead of a full stripping you can stay halfway between my course and the channel.

## *Simple Refrigeration*

We all know what free advice is worth, so here's some from a fellow Windjammer.

I lack onboard mechanical refrigeration, so I used the following system successfully on our eight-day cruise to Cape May in the summer of 2008.

I filled two thick-walled Igloo coolers (the ones claiming to keep ice for five days) with frozen quart-size Gatorade, frozen 16 oz. water bottles, and unfrozen food. I then cut a flexible plastic foil "survival" blanket to a somewhat oversized size and placed it over the contents, inside each cooler. I tucked the internal blanket around the sides of the contents. Then I placed a separate foil blanket under and over the outside of the coolers with its foil side toward the coolers.

This method kept the liquids frozen for four days. On the fifth day, the Gatorade and water bottles were half-frozen. Day six yielded ice-cold liquid. On the seventh day, the drinks were still cold. On day eight, the beverages were cool, but not cold.

Food containers were placed over the frozen contents. The food stayed cold. As the provisions were used, the inside flexible foil blanket descended and conformed to the shapes of the remaining contents. The inside foil blanket helped to keep the remaining contents cold. The outside blanket prevented condensation and acted as an additional insulator from the heat.

I plan to use the same method for this season, with minor modifications. This year, I will freeze quart-sized water, rather than the 16 oz. size, because the quarts stay frozen longer than the smaller water bottles. I also plan to fill any inside spaces between the bottles with Styrofoam peanuts and to place a thick sheet of foil-faced foam board over the contents when the coolers are less than a third full. These changes should produce ice-cold liquids and cold food beyond eight days.

Aha, but what about the beer? Sorry, I can't help you with that, although I assume that, if it started out cold, it would be kept as cold as the food (cold, but not ice-cold). Needless to say, glass containers and carbonated beverages should not be frozen.

Bob Ragolia, May 22, 2009 – Windjammer Skipper of the "Queen Elizabeth"





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## *The Practice Race :*

Several weekends ago was the Practice Race. The intention was to turn more folks on to racing. Now this is no Americas Cup qualifier, just a bunch of amateurs trying to have fun. Before the races began there was some instruction given in the "Racing Seminar" (thanks Jenn & Adam). Topics included, right of way, mark rounding and the start. Thanks to Alradee-Chi, Stormy, Layla and their crews for participating. Everyone had fun and learned a little bit more about their boat, for some it was sail trim for others keeping speed through a tack. Others learned the mainsail doesn't make a good hammock.





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## Welcome new WindJammers~2009

**John L. Bailey** hails from Ringoes, New Jersey and is very excited about joining the club and getting to make new friends. John comes with forty years of experience, sailing a variety of boats, over these years. For the past five years he has been in partnership with his friend, Dario Panfili, owning a 33' Rhodes Swiftsure called "Aquila".

With friends, John has sailed to Bermuda and sailed the Great Chesapeake Schooner Race, on a 65' wooden boat three times, placing 2<sup>nd</sup>, 4<sup>th</sup> and dead last.

John is involved in creating the Peace Museum in Philadelphia, an alternate museum. He enjoys most outdoor sports.

John keeps his boat at Up the Creek, so do make sure to stop by and give him a hearty Windjammer welcome!

**Brent & Colleen Hamilton** and their two sons, Seth, age 7, and Ethan, age 8, reside in Chester, N.J. They have been at CCSC for the past ten years and call themselves "Old, New Members". They are looking to getting to know more people and attend some of the Windjammer's events.

As a young boy, Brent grew up on boats and sailed the Barnegat Bay, Long Island Sound and the Chesapeake Bay on his family's boat. In fact, his father kept his boat here at Cedar Creek before Tom Wright bought the Marina.

The Hamilton's own a 35.5' Hunter called "Daylight", and enjoy hanging overnight on the hook. Brent also has racing experience. When not sailing, the family enjoys skiing, biking and swimming at the beach. Both Seth and Ethan are avid baseball and soccer players. They also let me know that they like playing catch and dodge ball.

Both Brent and Colleen are self-employed. Brent is a CPA and Colleen is a Commercial Designer. Be sure to welcome the Hamilton's when you see them around the marina!

**Steven & Susan Will** reside in Ocean Gate, N.J. and keep their boat at Up the Creek Marina. They have two daughters, Sarah, age 15, and Samantha, age 13, who both enjoy sporting activities. When not sailing the Will's family enjoy outdoor activities such as skiing, camping, snorkeling and going to the beach.

The Will's have been sailing for the past 21 years and have sailed not only the Barnegat Bay, but the New York Harbor, Chesapeake Bay and Cape May. They have a 24' Buccaneer, named Windswept.

Steve works for the Toms River Post Office and Susan left the banking industry and is now a teacher. They are both involved in scouting.

The Will's are looking forward to getting involved in the club and making new friends. Be sure to give them a hearty Windjammer welcome when you see them around.

**James Healy & Laura Connelly** have just recently purchasing their current boat in December. They have a 34' Catalina which they will name "Laura Lynn". Although James has owned powerboats in the past, he is hooked on sailing and has done so for the past 13 years. Laura grew up on the Barnegat Bay power boating with her family, but loves to sail.

Laura has two children, Brenda, age 12, and Amanda, age 19, who are being introduced to sailing, and seem like they are enjoying it so far.

When they are not sailing the family enjoys outdoor activities such as snow skiing and biking.

James and Laura are excited about joining the club and look forward to learning new things, attending events and making new friends. Please stop by slip # 61 and give James, Laura and the kids a hearty Windjammer Welcome!





**Dario Panfili** has over twenty years of sailing experience, sailing not only the Barnegat Bay, but Block Island and the Long Island Sound. He has had numerous smaller boats, sailing his first boat, a wooden Comet, many years ago.

At present he is a boat partner with John Bailey, also a new Windjammer member, and they own a 1960, 30' Rhodes Swiftsure named "Aquila". Both he and John have put a lot of sweat into fixing her up and it is gradually looking better and better.

When not sailing Dario enjoys cross country skiing. He is interested in having new experiences and having fun at the Windjammer events.

"Aquila" is docked at Up the Creek, so do make a point to drop by and say hello.

**Dawn Minchin** is the daughter of Ron and Kathy Minchin, who have been Windjammers since 1991. Almost everyone who has been at CCSC for any length of time knows Dawn. She began her sailing career here on the Barnegat Bay when she was still in diapers, and continues to be an avid and competent sailor.

When Dawn was 12 years of age her parents decided to home school her and her brother, Scott. They set sail, for one year, almost making it into Canada and then returned south, and sailed to Florida and the Bahamas where they spent the winter months. A sailing adventure it was, with a lot of hands on learning.

Dawn enjoys everything about boating, including racing, overnight anchoring and off-shore cruising. When not sailing she enjoys snow skiing and snowboarding.

Dawn completed college several years ago with a BFA in Graphic Design. She currently does marketing & promotion work for a candy company. She likes the perks, that is, eating the candy!

You will see Dawn around the dock with her boyfriend Juan who is very enthusiastic and excited about learning all he can about sailing. I must say, watching him dock the boat at the Beach Haven Marina on Memorial Day, I was personally impressed. But of course when you have a pro like Dawn teaching him, what else would you expect.

Even though Dawn has always been around the marina she decided that now, as an adult, she would personally join the club on her own. Dawn sails a blue 24' Greenwich sailboat called "Stormy", moored to your starboard side as you are leaving the marina. Make sure to say hello on the dock or as you sail by her.

**Jennifer Durrua & Family:** Adam, age 12, and twins girls, Katie and Megan, age 7, have been familiar faces here at Cedar Creek Sailing Center for many years. Jennifer and her children frequently visit and sail with her parents, Val and Martina Bernhardt, here at the marina.

Jennifer has been sailing since she was in diapers and is an avid sailor. In fact, in 1977, when she was 11 years old, she won the Windjammers Ladies Helm race on her parents 27' foot Catalina. Jennifer continued her love of sailing both in high school and college where she was a sailing instructor sailing a variety of sailboats.

Jennifer has crewed and raced on large sailboats both at Block Island and Regatta's up and down the Jersey Coast. She currently has a Sandpiper 15' J-Cat. Jennifer and her children are also members of the Metedeconk Yacht Club where Adam, also an avid sailor, sails Optimist's Dinghies and is on an advanced traveling team. This summer both Katie and Megan will participate in sailing Optimists.

The Durrua's also enjoy snow skiing, and ice boating on the Navesink River in Red Bank. Adam also plays basketball and Megan and Katie enjoy gymnastics.

Although Jennifer has always been around the marina she felt it important to formally join the club which she feels is rich in history and tradition.

Make sure to say hello to the Durrua family when you see them!

**Nelson Ibacache** lives in Toms River, New Jersey. He has owned a total of 16 boats in his lifetime both power and sail, and has sailed the Barnegat Bay for the last twenty years. Nelson recently sold his 30' Ericson and bought a 38' Irwin named "Grant Finale". He keeps her at the Lighthouse Point Marina in Toms River.

In addition to sailing, Nelson enjoys skiing & biking. He owns several dance studios and has taught dancing for over thirty years.

Nelson is looking forward to meeting other sailors and is interested in joining the club to do some off-shore cruising this summer. When you catch up to Nelson, please give him a warm Windjammer welcome!





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**Richard & Valarie GARD** hail from Ewing, N.J. and keep their boat here at Cedar Creek. Richard began his sailing career in college; the Gard's have sailed on and off for the last 30 years sailing the Long Island Sound. They have two daughters, Gianna, 15 years of age, and Sydney, age 18; both love to sail. Gianna has her ASA certification to sail keel boats.

Richard and Val purchased their 26' Tanzer in September of last year on

E-Bay, and picked her up at Forked River. She is named Alradee-Chi which is a combination of Richard's and Val's nicknames as children.

Richard works in the financial business for State St. Bank and Val is a teacher. When not sailing Richard enjoys golfing, and both he and Val like photography as a hobby.

They are looking forward to making new friends, cruising, and sharpening their sailing skills. If you see Richard, Val and their daughters around, be sure to give them a BIG welcome!

**David & Marilyn Hellmuth** are locals & reside here in Lanoka Harbor. They recently moved their boat from the Riverbank Marina in the Toms River to CCSC to be closer to home and other points on the bay. David and Marilyn have two grown children David and Julie Ann.

The Hellmuth's have sailed for thirty-five years. They have had a number of sailboats, but at present own a 35' Island Packet, called "Evening Star". In the past they have chartered sailboats out of the Virgin Islands for their vacation.

Marilyn retired three years ago, from her teaching job, of thirty five years, where she taught home economics. She is quite a sewer, and has even sewed a new sail cover, new covers for the cabin's cushions, winch covers and more! David retired one year ago, where he was an Administration Director, for a teaching hospital in Pa. He is now enjoying his retirement, and is involved in the Coast Guard Auxiliary. He also has his captain's license and has towed 100 ton boats.

David and Marilyn are in slip # 8 so make sure to stop by and welcome them to the club.

**Michael & Golden Rasmussen** reside in Florence, N.J. and keep their boat here at Cedar Creek. Michael and Golden began sailing ten years ago, and have sailed both the Barnegat and Chesapeake Bays. They own a 31' O'Day, named Yacht-C.

Michael enjoys kayaking and woodworking. Golden admits to not being overly fond of sailing, but once on the boat she enjoys relaxing and reading.

Michael is a professional chef who worked in the restaurant industry for 15 years. He also worked in a prison for 10 years in the Food Service Department. At present, he and Golden work in one of the biggest car auction on the East Coast. They have two grown sons and two grandchildren.

The Rasmussen's are looking forward to meeting new people, leaning new things and possibly doing an off-shore cruise. They have already joined the club at the chix and ribs party and seemed to have enjoyed themselves.

The Rasmussen's are docked in slip # 19, so when you go by, be sure to give them a warm welcome!

The Windjammers has a website, and it can be found at: <http://windjammersailing.com>. The website has up-to-date information about dock parties, cruises, seminars, races, and other events. You've seen the picture slideshow on the homepage, but did you know that you can have your own Windjammer pictures included as well? If you have some pictures you'd like to include, send them to: [web@windjammersailing.com](mailto:web@windjammersailing.com), and we'll include them on the website. If you have a lot of pictures, contact Bob Fahey to discuss methods other than email to transmit them.



## Final Thoughts & Upcoming Events

First a little business:

- Jenn, we understand you have the score cards from the “Beach Haven Open”. Could you please let me know so I can post the winners in the next newsletter.
- There will be several more races including the rescheduled Fathers Day Race. If you would like to race your boat or crew on other, talk to Val, the Racing Chair.
- Everyone - this is just the beginning, there's still lots of events and plenty of warm sunny days of summer to come ! ( take pictures for the web page and news letter)

Don't forget! ! !

The 4th of July weekend sail to Toms River to watch FIREWORKS! ! !

Saturday July 11th will be a raft up with ‘Pot-Luck’ @ a location to be determined, just talk it up with your friends and family and arrive at the marina by 9AM for the Captains Meeting where we'll get a head & boat count, then & discuss the options.

Saturday July 25th is the “Ladies Helm Race” followed by the “Iron Woman's Feast”

The cruise up the Hudson to Bear Mountain the first week of August already has ten boats going. Be sure to see Dale Harman, Cruising Chair, if you're interested.

But don't wait for one of the many organized events or dock parties. If you've been a member for years, reach out to some of the nearly dozen new members. If you are one of the many new members, take the time to talk to the friendly folks at the marina .

New members are new friends.

So go out sailing with each other . . .

. . . Teach . . .

. . . .Learn . . .

& have as much fun as you can fit into SUMMER 2009.

See you on the water,