Summer 2023

# Four winds

WINDJAMMERS SAILING CLUB CEDAR CREEK SAILING CENTER BAYVILLE, NJ

# Commodore's Letter Nancy Onffroy

Hello Fellow Windjammers:

The Cape May cruise, an annual Windjammer event, had great participation with five boats sailing down. The trip was from August 5 -13<sup>th</sup> so we are still here as I write this article! We also had our first Windjammer Day in Cape May on Wednesday, August 9<sup>th</sup>. Members who were not on the cruise, drove down for the day. We met at Utches Marina in Cape May, then went to visit a winery with dinner afterwards at Lucky Bones restaurant. It was a really great time and was thoroughly enjoyed by everyone who attended!

Labor Day is coming up quickly. Now is the time to schedule those sailing adventures that you wanted to experience this summer. If you are interested in anchoring out overnight, we have several sailing trips happening in the next few weeks that you might like to attend.

**Saturday, August 19th: Anchor overnight at Tices Shoal:** Bring your dinghy to motor in, walk across to the ocean side for a Tices Beach Party and enjoy a bonfire on the beach. This will be a great event if you are new to overnighting on the water.



Labor Day Weekend September 2nd to 4th: Anchor at Meyers Hole (in back of Barnegat Light). Planned activities include a bonfire on the beach, swimming, paddle boards, kayaking, water sports. Dinghy in to shore on Long Beach Island for shopping and restaurants. On Sunday, September 3rd, Viking Village will hold their annual Art and Craft Show which is just a short dingy ride from Meyers Hole.

Please let our Cruising Chairman, Joe DiGaetano, know if you would like more information or let him know if you are planning on attending either of these events.

#### Other upcoming events:

**Saturday, August 26th:** A Pot Luck Dock Party is planned for 6 pm at the marina. Bring your favorite sailing dish to share it with the club. Also bring either an appetizer or a dessert to share. This party is free to Windjammers when you bring food to share.

**Saturday, September 9th:** We will be holding our Annual Fall Dinner at the Berkeley Park Pavilion catered by Blue Collar Catering. The covered Pavilion has fantastic bay views and is my favorite place to host a dinner. Also, you can anchor in Berkeley cove, dingy in for dinner and plan to stay overnight.

New members: We want to welcome the Coe family and Gail Mindlin to the Windjammers!!

Fair Winds and Calm Seas

Nancy Onffroy

WJSC Commodore 2023



# Sailing North on Foolish Heart

#### Rose Morris

Our trip to Long Island Sound started in the rain at Meyers Hole. Foolish Heart, Sashay, and our fearless leader Perfect Fit were on our way to Atlantic Highlands New Jersey and Port Washington New York. Into the Mystic joined us that first night on their fateful voyage to Block Island. Mystique joined us in the middle of the night to send us off.

The Barnegat Inlet was rough. Seas were 6-8 feet per Captain Al. Some boats thought the waves were much bigger than that. An epidemic of queasiness ran through the boats. Fog settled in as we headed north to our first destination.



After 10-11 hours we arrived in Atlantic Highlands. The Kozaks weren't able to make the trip but joined us by car for dinner. The weather had mostly cleared and we had a nice meal in town.

Sashay left a day earlier for more adventures while single handling. He hit a nasty storm, on top of losing his auto pilot on the first day up.

After two nights in the Highlands we headed to New York. We put our sails up as the wind was in our favor. We have had intermittent trouble with our mainsail from day one of ownership. And in New York Harbor, it jammed. Thank God our son Ben was with us. We needed the extra strength and help to wrap the sail to the mast with bungee cords. We passed Lady Liberty, went through the East River, timed Hell Gate perfectly uneventful, passed seven bridges or so and entered Long Island Sound. Not too much longer until arriving in Port Washington.

First stop, fill up fuel. Put our \$30 in to fill and looked at the next pump, clearly not used by a sailboat, the last customer needed over \$1200 in fuel.



We got into our slip and Al and Ben started working on unjamming the sail. The next morning Jim Nowicki joined them in hoisting Ben 60 feet up the mast. I joined in and finally we got the mainsail out of the furler. Ben was aloft for more than 5 hours. We removed two new batons that were bent. The sail was carefully rolled back into the furler allowing us to successfully sail later in the trip. Back home, through New York City, Manhattan,

Brooklyn and the Statue of Liberty. One more night at Atlantic Highlands and then home.

Our first trip longer than a weekend with just family. We made it! Looking forward to more adventures on our RV on the water! And thankful to have found the Windjammers to help and guide us on our way!





# Our Summer "Cruise" to Martha's Vineyard Joe DiGaetano

Due to adverse weather, we delayed the departure of our New England cruise from Thursday to Sunday. We were all smiles as we headed out the first day, though the trip became more challenging as we steered a course through Oyster Creek Channel at night. We got through the channel without incident and enjoyed the remainder of the evening in Myer's Hole by Barnegat Light.





We headed out of the Barnegat Inlet first thing Monday morning. It was quite a memorable cruise. Everyone loved the time we spent with the humpback whales. We had a great time touring Martha's Vineyard by Jeep. Edgartown, Oak Bluffs, and the Aquinnah cliffs were a hit. The kids' favorite part of the Vineyard was the bridge featured in the movie Jaws. It has become a tradition to climb to the top of the rail and jump sixteen feet to the water. Sarah was the first to take the leap, followed by Sarah's friends Julia and Alysa.

I should expand upon the memorable part of our cruise. The Barnegat inlet was, simply put, quite nasty. Waves were big and one in particular, a fifteen-foot wave, knocked Julia from her seat. The large waves in the ocean continued and after an hour, talk began to circulate about a mutiny. When two of the team became sick, and another was not feeling well, there was a tear in the captain's eye as reality set in. He turned the boat around. We returned home, regrouped, did an internet search. We rented a home on Cape Cod, and left the next day by car.

We arrived in Martha's Vineyard by ferry... So, those whales were ones we observed from a Provincetown whale watch boat! But since we had a car, were able to easily make the rounds and visit Sandwich, Chatham, Hyannis, and Falmouth Heights.



The end of the trip was another disaster. We unexpectedly found ourselves in the company of the Massachusetts State Police for over an hour. We went over the Bourne Bridge headed for our hotel, we missed a turn and found ourselves going over the bridge again. Just as we were exiting the bridge, we had quite a surprise. A pin from the bike rack came off somehow, and the bikes began to drag behind the SUV. We turned quickly into the police station and assessed the situation. It was not pretty. Three bikes survived, though one was left in the State Police dumpster.

The trip was nothing like we expected, but we quickly adjusted and had a great time. We're looking forward to more adventures in Maine.



#### Summer BBQ

It was a hot summer's eve on Saturday July 8th, but that did not stop about 25 Windjammers from joining together for a barbeque. Host Jim Nowicki flipped burgers and dogs to serve the hungry crowd. Kathy Nowicki prepared many salads from scratch!

Following the meal, Jim did his best to channel Pat Sajak while he engaged everyone in a fun game called "Windjammers Majority Rules".

Four teams were formed and questions were posed for each team to answer. After the answers were gathered, the teams in agreement with the MAJORITY answer won points...which in most cases was not necessarily the correct answer! For instance: *Answers Below* 

- 1. Which Frankie Valli song was a Billboard No. 1 hit and references Barnegat Bay?
- 2) Is Barnegat Bay 38, 42, 44, or 48 nautical miles long?
- 3. The international maritime signal flag representing "my vessel is healthy and I request pratique" and presenting the letter "Q" is a simple square of what color?
- 4. Going Southbound, name the city or town where the Intercoastal Waterway ends?
- 5. Conical shaped navigational markers are ALWAYS what color?
- 6. In sailboat racing the acronym PHRF stands for what four words?

Congrats Blue team! How many did you know? Answers:

1)My Eyes Adored You 2)42 Miles 3)Yellow 4)Brownsville, Texas 5)Red 6)Performance Handicap Racing Fleet



#### A Very Fishy Story

Last week I was sitting on my Perch with my friend Trout. He asked me if I wanted to go Flounder fishing. I felt like I was in a Pickerel because my wife really wanted me to take her shopping. I said I would go fishing but only for the Halibut, but I also said that if we catch anything I was sure it would be a Fluke. Lets hurry he said...since the Sunnies setting soon, we should head out in a few Minnows.

We packed Peanut butter and Jellyfish on Whitefish bread for lunch. We placed all our gear into his Stingray and headed out on the Pike. That car of hi is Muy Bonito! As we drove, I tried to tell him so, but with the top down he wasn't Herring me so well. When he finally heard me, he agreed that it is a nice car but that he wanted to Flipper and get a Barracuda. I told him I thought that was a Crappy idea.

Wahoo I shouted as we caught our first Flounder! We caught so many they were packed in like Sardines! Trout got out his Knifefish to filet them. As he cut them open, I realized they were Smelt. Trout wanted to keep them and I told him he was Batfish crazy. We decide to Jack them overboard.

Next Time: A story about Sailors who don't have a Clew...



# Mid Season Dock Party Updates

### Captain Don Kozak

Greeting Windjammers, we are well into the sailing season and have had, as of this date, four club dock parties. Many thanks to Mark and Heather Zavanelli, Wine and Cheese, Jim and Gina McGovern, Chicken and Ribs, Phil and Nancy Onffroy, Breakfast on the dock, and Jim and Kathy Nowicki, Hot dogs and Hamburgers. Attendance to date has been excellent! Thank you for supporting your club and enjoying the company of your fellow club members. Looking forward, we have a Pot Luck dinner, on August 26, followed by the Pig Roast on September 9, hosted by your commodore Nancy Onffroy. Please include these upcoming events in your social calendar and if possible, RSVP your intentions regarding attendance at the Pig Roast.



This year Tall Oaks sailing club will be hosting the Tall Oaks challenge inter club race on September 23. As such, the Windjammer's will be hosting the post-race party, to be held at the Berkeley Island pavilion. Whether you race or not, your attendance will be welcomed at this social event. Lastly, the Chilli cook off is scheduled for October 7, hosted by Lucy Benn.

We look forward to seeing you at these future events. Please look for further information from the hosts when we get closer to the scheduled dates. As always, feel free to bring an appetizer or dessert when attending. Lastly, please thank our hosts for all events, both past and future. It is their efforts that make these parties happen! Members helping and participating is what make this club! We look forward to seeing you on the dock





# SV Galena's Solo Sail North

#### Captain Jim McGovern

On Saturday, July 15, 2023, SV Galena departed Barnegat Inlet at 0630 for Block Island with a crew of four. Jim, Gina, Adam, and Bonnie shared three-hour shifts on the 150 NM journey to Block Island, Rhode Island, on a moonless night. After 25 hours, some 3-5' seas, and an average speed of 6 kts, we motored into the Great Salt Pond at 0730. After securing a mooring ball, we had several issues to address. The engine would not shut off with the electronic stop button, and we discovered a hose clamp had broken and raw water was spraying water in the engine area. After figuring out how to manually shut off the engine we replaced the broken hose clamp. Upon returning home from the trip, we found a broken wire on the stop solenoid relay and repaired the wire. After four nights at Block, Bonnie and Adam took the ferry to Montauk and headed back to work. Gina and I spent another night on Block before heading 23 NM across the Rhode Island Sound to Newport, Rhode Island.



Newport, Rhode Island is the home of the America's Cup and is also know for the Gilded Age mansions lining Bellevue Avenue. The most famous is the Breakers which is a circa 1895 mansion patterned after a Renaissance Palace. We spent two nights on a mooring ball and enjoyed several excellent restaurants at Bowen's Warf. We walked to the Cliff Walk and Gina enjoyed a swim in the ocean at Forty Steps. We then hiked the 3.5-mile Cliff Walk, which combines the natural beauty of the Newport shoreline with the architectural history of the summer homes of the Vanderbilts, Fords, Carnegies, and Rockefellers.

From Newport we sailed 37 NM to Fishers Island, a small island in New York with a yearly population of 236 people. Boris Becker, Oprah Winfrey, and Mel Brooks are among the celebrities that have homes on the island. We stayed at the Fishers Island Yacht Club and walked to the Pequot Inn, one of the few restaurants on the island. While at the Yacht Club, I had a chance encounter with Charlie Enright, the skipper of 11<sup>th</sup> hour, the 60' IMOCA sailboat that recently was the first American team to win the Ocean Race. <a href="https://www.11thhourracingteam.org/about/the-boat-malama/">https://www.11thhourracingteam.org/about/the-boat-malama/</a>. The Ocean Race is a 50-year-old race where boats sail 32,700 NM around the world. Charlie's wife, Meris, is from Fishers Island and is the rear admiral of the Yacht Club. Charlie was loading up a grill and trimming the hedges at the yacht club. Fishers Island is also known for raising 90% of the oysters that are sold from New York to Maine.

From Fishers Island, we sailed a short 18 NM to Saybrook Point Marina and Resort in Connecticut. The marina had an excellent restaurant, an outdoor pool, indoor pool, hot tub, steam room and spa. The hotel has new bikes available that we used to ride into town. The town of Old Saybrook had many nice shops and restaurants. After enjoying two nights at Saybrook Point Marina, we started our journey back along the Long Island Sound and sailed 42 NM to Port Jefferson. We walked around Port Jeff and had an excellent dinner at "Pasta Pasta" in town and enjoyed a live jazz performance at the town park. The next morning, we pulled up anchor and sailed 36 NM to Port Washington. While on a mooring ball at Brewer Capri Marina East we experienced the first thunderstorm of the trip at night.

At 0530, we motored out of Manhasset Bay on a misty morning and headed to The East River and the notorious Hell Gate. After battening down all the hatches, we passed through Hell Gate at 0730 and benefited from the 5-knot current through Manhattan. We saw a top speed of 11.5 kts and an average of 7.5 knots through the East River. By 0930, we were motoring past the statue of Liberty and then, under the Verrazano Bridge. Since we made such good time, we made the decision to pass on a mooring ball we had reserved at Atlantic Highlands, and rounded Sandy Hook, headed for the home port. After 11 hours of motoring through 25+ knot winds on the nose for the final three hours, we rounded red buoy number four and entered the Barnegat Inlet. We spent the night on the hook at Meyers Hole and experienced several more thunderstorms, but eventually got some rest. In the morning, we headed back to Cedar Creek Marina and Sailing Center. Overall, we had an excellent trip and look forward to our next sailing adventure!







Galena's Crew enjoying a relaxing time in the Great Salt Pond

### Memorial Day Weekend Cruise

#### Joe DiGaetano

We had a great turnout for our Memorial Day weekend cruise to Myer's Hole.

Everyone arrived without incident. Everyone that is, except your Cruising Chairman.

It appears the Chairman did not follow his own directions.

Instead, he charted a course as he had done in prior years and followed the same exact course as last year. Well, things changed over the winter and he found himself hard aground and unable to get off. After Towboat US did what Towboat US does, he followed the marked channel and arrived with no further incidents.

The weekend was spent with a beach fire, paddleboarding, and visits to Barnegat Light by dingy. Folks enjoyed visiting Viking Village, lunch at Off the Hook, a walk to the lighthouse, and ice-cream at Poppys. All together it was a wonderful holiday weekend with fellow Windjammers!





#### **Newsletter Submissions**

#### Frank Schaffer, Newsletter Chair

Please share your cruising stories, maintenance tips, general sailing news, great boat recipes, boat related classifieds, Barnegat Bay news, etc. I'm also looking for people who are interested in writing regular features – I'd love to hear your ideas! Please send your suggestions and original submissions to newsletter@windjammersailing.com

#### Fundraising by Robin and Sheldon

Please go to windjammers.qbstores.com (Entry code WJSC2016, case sensitive) for a huge selection of attractive apparel available for our Windjammers logo. It will be hard to decide from all the items but you will have fun looking through it! However, burgees are available only at the marina for \$35.



Windjammers-branded items:

https://windjammers.qbstores.com



#### World's Best Bluefish Recipe

- 2lb Fresh Bluefish
- 16oz Cape May IPA (Separated)
- 3 Cloves Garlic
- Paper Bag



- Pre-heat oven to 350
- In a medium bowl, mix garlic and 2oz IPA beer
- > Add Bluefish and let sit for 15 Minutes
- Place Bluefish on paper bag and cook for 20 minutes
- > When finished throw out the Bluefish
- Drink the remainder of the Cape May IPA
- Attach the paper bag to the front door of your house to ward off Vampires