

# Four *winds*

Summer 2019

WINDJAMMERS SAILING CLUB  
CEDAR CREEK SAILING CENTER  
BAYVILLE, NJ

## Commodore's Letter

Joe DiGaetano



Who would have thought how much our world would have changed since our planning meeting in February. As I write this, the New Jersey COVID-19 stay at home order is still in effect and you need a mask to enter any of the essential businesses that are open.

The whole situation strikes me as more than a little bizarre!

Unemployment has skyrocketed, schools have closed, religious services have moved on-line, and good luck getting what you want at the supermarket. Fortunately, I had extra rolls of toilet paper on the boat.

This was certainly one of the earliest years in which I splashed the boat. Given the uncertainties in mid-March, I wanted to make sure the boat went in this year. I had such a sense of freedom when I sailed the boat home from the marina in early April. The sun was out, there was a stiff wind on the beam, Jimmy Buffet was singing One Particular Harbor, and all was right in the world at that moment. The sailing season will certainly be different this year, but the enjoyment of being out on the water may be better than ever.

I want to thank the Officers and Committee Chair people for all their planning to make this a great season. Unfortunately, we cancelled our first event, the Wine and Cheese Story Party. I anticipate starting the highly anticipated Friday Night Race Series at the end of May. Sounds like Adam has a new twist this year to encourage a high level of participation. We are planning to have our second Father's Day poker run in June and a cruise to Barnegat Light where there may be a bonfire and live music. There will be a Fourth of July fireworks cruise to the Toms River and perhaps New England Cruise in July. August will bring a cruise to Haverstraw, a summer swelter race, and potluck dinner raft up, along with a ladies Helm race. In September, we plan to have a Labor Day cruise to Myer's Hole, our traditional pig roast at the Berkley Island Pavilion, and the Tall Oaks Challenge Race. October may bring a cruise to the Captain's Inn and a frostbite race with chili cook off.

You may have noticed a lot of uncertainty in that last paragraph. I am not quite sure what the future will hold or everyone's acceptable social distance. I anticipate many folks will have different opinions on what is acceptable. We will keep everyone updated with the status of our events and welcome any thoughts on how we can do the planned events with an eye toward lowering risks. We would welcome and thoughts on adding new events with more social distancing. Perhaps we can plan a scavenger photo hunt or anchor out nights. The season will be what we make of it.

We are among the very fortunate to get out and go sailing in this time of restrictions. Enjoy!



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WINDJAMMERS SAILING CLUB

<http://windjammersailing.com>

## 2020 Windjammers Committee Members

### Flag Officers



Joe DiGaetano  
Commodore



Mark Zavanelli  
Vice Commodore



Phil Onffroy  
Past Commodore



Adam Getzel  
Secretary



Jeannette Kozak  
Treasurer

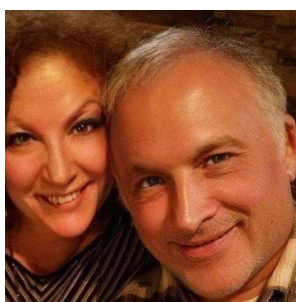
### Committee Chairs



Richard Gard  
Cruising



Elizabeth Schaffer  
Dock Parties



Sheldon Green &  
Robin Mendoza  
Fundraising



Audrey Rosenberg  
Membership



Kelley Fahey  
Newsletter



Adam Getzel  
Racing



Bernard Creache  
Historian



Richard Barker  
Seminars



Nancy Onffroy  
Supplies



Chip Hitchens  
Webmaster



## DOCK PARTIES 2020

### Uncharted Waters! Proceed with caution!

Elizabeth Schaffer, Dock Party Chair

I'm sure that we all have one thing in common at this point. We miss our old life, as we adjust to the new normal. I would like to share a note from my personal life. My daughter Claire is a nurse in North Carolina, at DUKE ICU. I have never been so afraid in my life. I feel a strange sense of pride and fear as she cares for Covid19 patients daily.

Our dock parties will be guided by our updated Governors mandates, Tom Wright's guidelines, and lastly, your own comfort zone as we move forward.

I see this summer with no dock parties, but instead possibly anchorages with socially distant parties? I will be communicating with our Commodore, as we go forward and I'm sure that he will keep you posted.

I work for public schools, and my remote learning has included some really insightful TED talks. I'd like to share a take away from Nic Marks: The Happy Planet Index, on 5 positive actions for happiness.

- 1.) Connect to family and friends (thru video chats or texts)
- 2.) Be active (exercise, bicycle or go for a walk)
- 3.) Take notice/mindfulness (Step outside and look and listen to nature)
- 4.) Keep learning/Stay curious ( This could be as simple as learning to cook)
- 5.) Give ( of your knowledge, of your time, or material goods to others)

As privileged yacht owners, I think we could all add a number 6 to the above :-)

- 6.) Go sailing!!

Lastly, I would like to leave you with a Quarantini recipe:

#### **Pomegranate Margarita**

4 oz white tequila

2 oz Cointreau

1/2 cup pomegranate juice

1 squeeze of lime

Mix the above and serve over ice. If any of the ingredients are unavailable during a pandemic, you may substitute drinking plain Patron with or without ice.

Stay safe as we all look forward to getting out on the water soon!

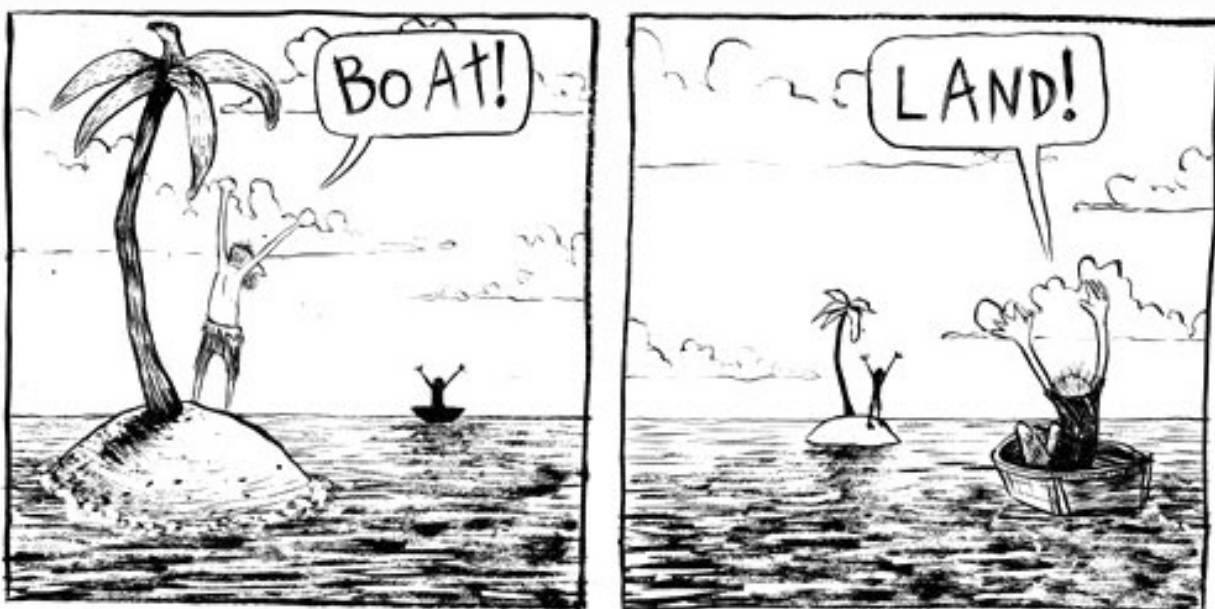


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## Just for Laughs...



## Newsletter Submissions

Kelley Fahey, Newsletter Chair

Please share your cruising stories, maintenance tips, general sailing news, great boat recipes, boat related classifieds, Barnegat Bay news, etc. I'm also looking for people who are interested in

### Fundraising by Sheldon Green & Robin Mendoza

Please go to [windjammers.qbstores.com](http://windjammers.qbstores.com) (Entry code WJSC2016, case sensitive) for a huge selection of attractive apparel available for our Windjammers logo. It will be hard to decide from all the items but you will have fun looking through it! However, burgees are available only at the marina for \$35.



## Windjammers Online Store

Check out the huge selection of

Windjammers-branded items:

<https://windjammers.qbstores.com>





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Upcoming Events



Please be sure to  
check your email  
for regular  
Windjammer  
updates.





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## Racing

Adam Getzel

Last sailing season seems so long ago. Since then many things have changed. Fortunately, daydreams of new sailing adventures and reminiscing help pass the time.

Last Father's Day was our 1st Poker Run. The scoring encouraged more family participation. Based on feedback & turnout, the Poker Run will return. Stay tuned for Summer Swelter info as the event & vehicle are yet TBD. The Ladies Helm Race, Tall Oaks Challenge & Frost Bite round out the season.

Because of the current health situation, trouble assembling crew and distancing while racing, we will change the format for the 1st week of the Friday night Race series. We will still begin on May 29th but will be called Friday Family Photo Fest! Everyone knows the best part of evening races are the sunsets. Gather the family & sunset sail with us on May 29th. Take pictures for the photo contest. Prizes for best pics, boats, sunset, people... Now everyone can come out to enjoy without the stress of racing. If distancing isn't eased by June 5th race, Friday Night Race could be a single handed race.

Race dates are below. Notice of Race will be issued with particulars one week prior to events. Check your email for more information.

Looking forward to everyone sharpening their skills so that we can reclaim the Challenge Cup!

May 29 – Friday Night Race series – Race 1

June 5 – Friday Night Race series – Race 2

June 12 – Friday Night Race series – Race 3

June 19 - Friday Night Race series – Race 4

June 21 – Father's Day Poker Run

June 26 - Friday Night Race series – Race 5

August 15 – Summer Swelter –vehicle & events TBD by WJ Race committee based on RSVP & weather.

August 29 – Ladies Helm Race September 20 – Practice Race

September 26 – Tall Oaks Challenge follow by a dock party hosted by Tall Oaks

October 24- Frostbit Race – Chili Cook Off dock party





## Racing

Adam Getzel

### 1 HOIST

Hoist the sail with minimum halyard tension and then sheet the sail appropriately for the point of sail. Now tension the halyard just enough to remove any horizontal wrinkles emanating from the luff. You can leave a hint of wrinkles in light apparent wind velocity. In more wind, more tension is needed—and vice versa.

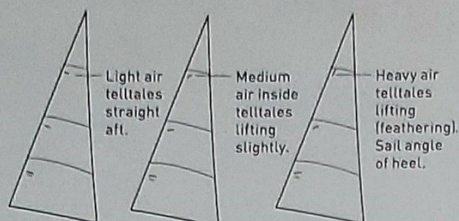
### 2 TUNE

The lead position controls headsail leech tension and foot depth. Set the lead so that the sheet bisects the clew, thus applying equal tension to the leech and foot. To fine-tune the position, move the lead forward to add power (full foot, minimal twist) in light conditions and aft in bigger air to de-power (flat foot, more twist). When you're reaching, the lead should follow the clew, moving outboard and somewhat forward as the sheet is eased.

### 3 ADJUST

Headstay sag is controlled by backstay tension and affects the overall depth of the sail. More sag (less backstay tension) adds depth and makes the entry of the sail rounder and more powerful. Use sag to create power and speed in light-to-moderate conditions, and reduce it (more backstay tension) to maximize upwind performance once the boat is up to speed.

### 4 TRIM

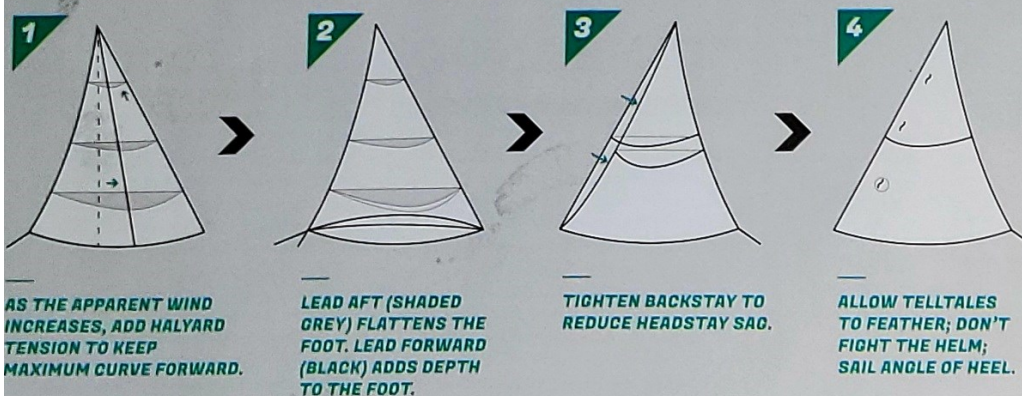


**REACHING:** Ease the tension until the sail begins to luff and then trim just enough to stop it or ease until the middle telltales flow straight aft. Ease in every puff and trim in the lulls to maintain speed.

**UPWIND:** Trim to bring the sail as close to the rig as possible without slowing down too much. The tighter the sail is sheeted, the better the boat will point, but also the slower it will go. First, get your speed going and then gradually trim harder to point better. For overlapping headsails, use the distance off the top spreader for reference. For non-overlapping headsails, install trim stripes on the spreader for reference.

**TELLTALES:** For maximum power, the telltales should stream straight aft. If the outside telltale spins or hangs down, then the helmsperson needs to head up toward the wind. If the inside telltale lifts, the helmsperson needs to bear off slightly, unless the boat is heeling too much.

### HEADSAIL TRIM PROGRESSION AS THE APPARENT WIND VELOCITY INCREASES







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# SOCIAL DISTANCING WHILE BOATING

## BOATING GUIDELINES:



YOU CAN NOW FISH/BOAT WITH NON-FAMILY/NON-HOUSEHOLD MEMBERS IN GROUPS LESS THAN 25 PEOPLE PROVIDED SIX FOOT SOCIAL DISTANCING IS ADHERED TO ON THE VESSEL AND APPROPRIATE INFECTION CONTROL PROCEDURES INCLUDING HAND WASHING AND THE USE OF FACE COVERINGS ARE FOLLOWED.



MAINTAIN 6 FOOT SOCIAL DISTANCE AT BOAT DOCKS, BOAT RAMPS, & FUEL DOCKS. AVOID ANY UNNECESSARY CONTACT WITH OTHERS.



AFTER TOUCHING A MARINA GATE, BOAT LINES, OR FUEL PUMP IN A COMMON AREA, WASH YOUR HANDS OR USE A HAND SANITIZER TO DISINFECT THEM.



WEAR FACE MASKS AND DON'T GO BOATING IF SOMEONE IN YOUR HOUSEHOLD IS SICK.

**New Jersey boatyards and marinas are open for personal use, restaurants at those locations can serve only takeout and delivery.**



FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE

[WWW.NJSP.ORG/MARINE-SERVICES](http://WWW.NJSP.ORG/MARINE-SERVICES)



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